



FLORIDA DEPARTMENT OF
EDUCATION
fldoe.org

Establishing a Culture of Resiliency

State Board of Education

April 19, 2023

Resiliency Education Components

- Required Instruction
- Revised Resiliency Standards
- Resiliency Resources and Outreach
- Training and Student Support Pathways
- Florida Specific Youth Survey



FLORIDA DEPARTMENT OF
EDUCATION
fldoe.org

Required Instruction

Required Instruction – Rule 6A-1.094124

- The State Board of Education (SBOE) adopted rule on July 17, 2019, to add an annual 5 hour mental health instruction requirement for students in grades 6-12.
- The SBOE amended rule on October 20, 2022, to shift the focus of the 5 hours of required instruction to an empowering new model based on resiliency.
- On March 22, 2023, the SBOE adopted revised standards aligned to the new resiliency approach that included benchmarks related to:
 - Character
 - Personal Responsibility
 - Mentorship and Citizenship
 - Critical Thinking and Problem Solving



FLORIDA DEPARTMENT OF
EDUCATION
fldoe.org

Resiliency Resources and Outreach

Resiliency Resources and Outreach

- Funding dedicated for resiliency resources and outreach aims to maximize the reach and impact of materials.
- This effort includes:
 - Production, promotion, and distribution of resiliency materials in schools, out-of-school time programs and other student-related community organizations;
 - Coordination of school and community-based events that centralize around parental involvement with student education, with a focus on resiliency and civic and character education; and
 - Training based on Resiliency Education and School Counseling Standards.



FLORIDA DEPARTMENT OF
EDUCATION
fldoe.org

Training and Professional Learning

Training and Student Support Pathways

- On November 22, 2022, the SBOE adopted [Rule 6A-1.094120](#), requiring annual certification that at least 80 percent of school personnel have completed the approved youth mental health awareness training.
- On March 22, 2023, First Lady Casey DeSantis announced the development of four pathways for additional student support and mentorship:
 - Resiliency Coach
 - Resiliency Endorsed Educator
 - School Counseling Apprentice
 - School Counseling Mentor



FLORIDA DEPARTMENT OF
EDUCATION
fldoe.org

Florida-Specific Youth Survey (FSYS)

Florida-Specific Youth Survey

- In 2022 and 2023, FDOE collaborated with stakeholders from across the state to develop a student survey aligned to the required instruction for Health Education including Resiliency Education.
- The survey, administered statewide this spring, measures students' understanding and development of key resiliency skills while also measuring their engagement in behaviors related to required instruction.
- Results available Summer 2023



FLORIDA DEPARTMENT OF
EDUCATION
fldoe.org

Next Steps

Next Steps – Summer 2023

- Evaluate how districts are currently implementing the required 5 hours of resiliency instruction
- Gather information from teachers, parents and students regarding the impact of the Resiliency Education components
- Examine and analyze data from the Florida Specific Youth Survey
- Develop training and identify target audiences for new student support pathways

Next Steps – Fall 2023

- Present findings to the State Board of Education
- Identify opportunities for continued improvement and enhancement of resiliency related activities, which could include:
 - Requirement revisions
 - Rule amendments
 - Enhancement of standards
 - Creation of new components

BUILDING *Resiliency*

RESILIENCY EDUCATION STANDARDS

- ✓ Character
- ✓ Personal Responsibility
- ✓ Mentorship and Citizenship
- ✓ Critical Thinking and Problem Solving

SCHOOL STAFF TRAINING

80% or more of school staff receive youth mental health awareness training.

MENTAL HEALTH ASSISTANCE ALLOCATION AND FLORIDA SAFE SCHOOLS ASSESSMENT TOOL

District funding and planning tools to strengthen school safety and support school staff training, services and resources.

RESILIENCY TOOLKIT

Dynamic resources for students, parents/caregivers, educators and community partners.

FLORIDA SPECIFIC YOUTH SURVEY

Results on students' resiliency and behaviors will inform student instruction, resources, supports, and staff training.

RESILIENCY EDUCATION, CIVIC AND CHARACTER EDUCATION AND LIFE SKILLS EDUCATION

School districts provide 5 hours of data-driven instruction annually to students in grades 6-12 related to resiliency, character development, and mental health.



www.FLDOE.org



www.FLDOE.org