

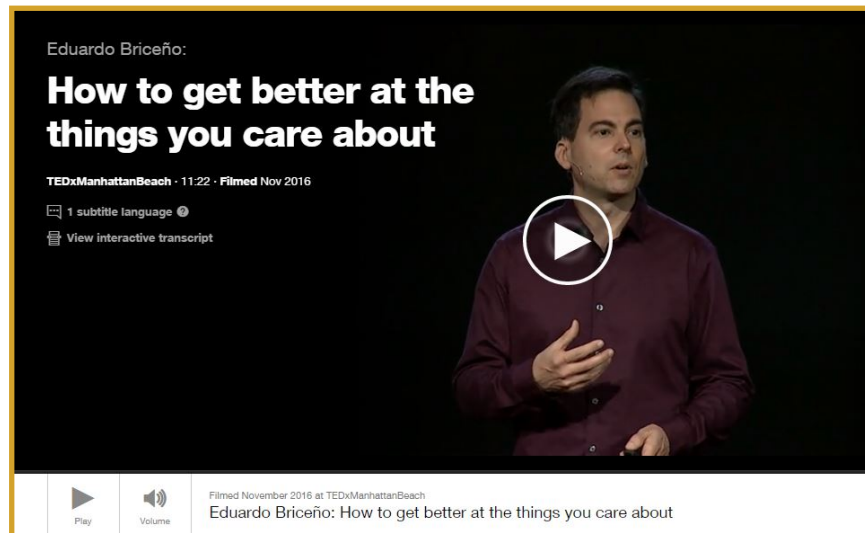
Eduardo Briceño: How to get better at the things you care about

February 15, 2017

“The way to high performance is to alternate between the learning zone and the performance zone, purposefully building our skills in the learning zone, then applying those skills in the performance zone.”

I was so excited last week when I saw that Eduardo Briceño, Co-Founder and CEO of Mindset Works, had participated in a new TEDx Talk, [How to get better at the things you care about](#) and after I finished watching, I was just as excited to share this with you.

I know that I will begin to practice, consciously alternating between the two zones Eduardo describes, so that my skills continue to develop and my best has an opportunity to become even better.



Please continue to share through email and twitter and remember to include #FloridaMindset.

Best,

Abbey Stewart

Teacher Liaison

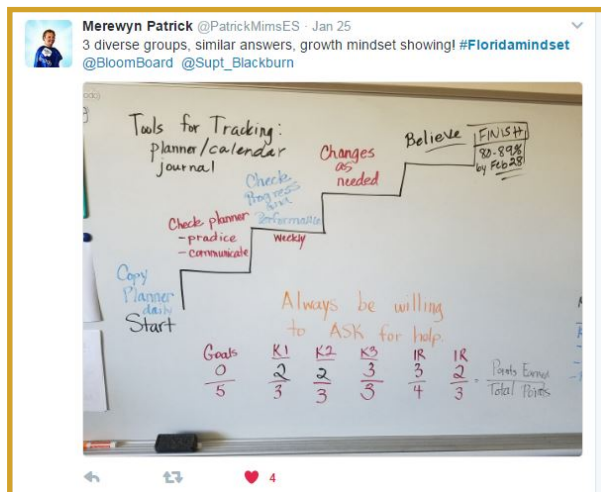
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Featured Tweet



Hot Topics in Tallahassee

Eight Educators Recognized with the Governor's Shine Award

Recently, during a meeting of the Florida Cabinet, Governor Rick Scott recognized eight outstanding educators with the Governor's Shine Award. The Shine Award is presented to teachers and administrators in Florida who make significant contributions to the field of education. The teachers were honored for their commitment to student success.



You can learn more [here](#).

Educator Opportunities

Sunshine State TESOL Annual Conference

The Sunshine State Teachers of English to Speakers of Other Languages Annual Conference is scheduled for May 11-13, 2017 in West Palm Beach.

To register and learn more, please click [here](#).