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| Yes | Mental Health Assistance Allocation Plan (s.1011.62(16)(a) and (b), F.S.) |
| | Focuses on Delivering Evidence Based Mental Health Services: |
| | <p>Tier I: Kagan (district wide); AVID (middle and high school; 2 elementary schools); Healthy Choices (district wide grades 6, 8, 9); Pre-K- Good Behavior Game; Changing/Growing (district wide 4th grade); ELA/Social Studies (Florida Standards district wide curriculum, elementary classroom instruction); Guidance Lessons (district wide, elementary)</p> <p>Tier II: Small group instruction/support on topics such as managing grief (loss); conflict resolution; making healthy decisions; developing positive communication skills; anger management; self- advocacy; organizational skills; executive functioning; strategies for coping with anxiety; coping with depression and time management. Groups will be run by school counselors, deans of student services, and mental health professionals from agencies contracted or partnering with Wakulla County School District. Typically groups will meet 6-8 weeks.</p> <p>Tier III: Individual based counseling based on the individual's diagnosis or referral. This counseling is typically provided on a weekly basis by a licensed mental health professional. Types of therapies will vary by the needs of the student but can include any of the following evidence based treatments:</p> <ul style="list-style-type: none"> • Cognitive-Behavioral Therapy [CBT] (e.g., relationship between thoughts, feelings, and behaviors; identifying triggers and developing adaptive coping skills, challenging cognitive distortions such as "black and white" or "all or nothing" thinking styles) • Dialectical Behavior Therapy (DBT) (e.g. empirically-based framework to increase Distress Tolerance skills, Interpersonal skills, Emotion Regulation skills, and Mindfulness) • Direct Instruction for Social Skills • Social Perspective Taking (e.g. thinking about what others are thinking) • Self-Regulation Behavioral Strategies (e.g., deep breathing, progressive muscle relaxation, visualization) • Assertive Communication Strategies • Problem-Solving Strategies • Solution-Focused Problem Solving (e.g., identifying barriers to desirable outcomes such as coming to school and strategies to overcome those barriers) • School and parent behavioral consultation (e.g., establishing self-monitoring forms with teacher prompting, use of check-and-connect for truancy) |
| | Includes Description of Supports That Address Mental Health Needs (assessment, diagnosis, intervention, treatment and recovery): |

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| | <p>Training: Tier I All teachers, paraprofessionals, bus drivers, maintenance and food service workers to provide basic skills in: Mental Health First Aid; Trauma Informed Care; Suicide Prevention; Mandatory Reporting and Restorative Discipline for Tier I assessment, diagnosis, intervention, treatment and recovery. Training will be provided for school counselors and deans of student services on AWARE (Mental Health First Aid) as a Tier II training. A joint meeting will be held with Big Bend Community Based Care, Capital City Youth Services, Florida State Multidisciplinary Center, Apalachee Mental Health, DISC Village, Department of Children and Family Services and other community providers to insure a seamless referral process and communication for Tier II and III intervention, treatment and recovery. A member of the district mental health team will attend monthly meetings of the Wakulla County Coalition for Youth, and provide resources and information to each school counselor and dean of student services for dissemination to teachers, students and families.</p> <p>Assessment: Tier I assessment will be based on the Early Warning System (EWS) (grades K-12; grades, office referrals, attendance). Tier II and III assessment will be based initially on referrals from students, families, teachers, data provided from mental health professionals, the EWS and exit data from case management notes; achievement of service plan goals; pre/posttests; self-reflection journals.</p> <p>Intervention, Treatment and Recovery: Tier I supports and interventions will be provided by classroom teachers and include: AVID (both middle and high schools as well as 2 elementary schools; Use of Kagan strategies K-12; Anti Bully lessons at middle and high school; anti bullying (The Real Me Project) at elementary; SAVE (Substance Abuse Violence Education at 5th grade district wide; Good Behavior Game at pre-K; Healthy Choices (elementary district wide); guidance lessons elementary district wide and 9th grade seminar for all high school freshmen includes lessons on organization, self-advocacy, decision making and career decisions. Tier II intervention and treatment will be provided by certified or licensed personnel (deans of student services; school counselors, mental health professionals, social workers and counselors). They will be delivered in small groups and topics will cover grief/loss; anger management; conflict resolution; communication skills; diversity; anxiety; executive functioning and other topics based on teacher/student/family referrals. Tier III assessment, diagnosis, interventions, treatment and recovery will be provided in the form of individual therapy/counseling by district licensed clinical social workers using a variety of research/evidence based methods and based on student needs. Students who bring or threaten to bring weapons on campus will be evaluated by an LCSW. All reentry meetings will be facilitated by an LCSW.</p> |
| | <p>Identifies Evidence Based Mental Health Services for Students with One or More Co-occurring Mental Health or Substance Abuse Diagnosis and Students at Risk of Such Diagnosis:</p> |
| | <p>Students with One or More Co-occurring mental health or substance abuse diagnoses will be identified based on parent/student disclosure on school registration and/or school medical information. Students will be monitored through the EWS to insure that Tier I supports are effective. If the student is need of more intense services/accommodations, the school RtI team will meet and problem solve, and refer for evaluation under Section 504 or IDEA. The district Mental Health Coordinator will also be a part of the RtI team, and will insure that referral for Tier II or III mental health interventions are implemented. Students who have been evaluated and referred to the psychiatric center two or more times will be referred to the district CAT (Crisis Action Team) and information will be shared with the School Safety Team for additional problem solving.</p> |
| | <p>Describes the Collaborative Partnerships with Community Providers and Agencies:</p> |

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| | <p>Wakulla County School District contracts with Florida State University Multidisciplinary Center for psychology interns to provide Tier 1/11 mental health counseling; Behavior Management Consultants to provide behavioral interventions by Board Certified Behavioral Analysts and develop FBAs (Functional Behavioral Assessments) and BIPs (Behavior Intervention Plans); an art therapist to provide services to elementary students with emotional/behavioral disorders and a music therapist for students with disabilities who have sensory needs. The district maintains Memorandums of Understanding with Disc Village to provide counselors for substance abuse and decision making in secondary schools, a Memorandum of Understanding with Capital City Youth Services to work with homeless youth and provide counseling within the schools. A Memorandum of Understanding with Wakulla County Health Department utilizes their health educators to provide Tier I lessons on decision making; assisting parents/families with understanding cyber bullying and recognizing risky technology applications. A Memorandum of Understanding with Big Bend Community Based Care and Department of Children and Families provides the opportunity to share information regarding students in the Dependency System and problem solve to provide interventions to meet their needs.</p> |
| | <p>Describes Process for Coordinating Mental Health Services with Students Primary Care Provider and Other Mental Health Providers, Including Procedures for Information Sharing:</p> |
| | <p>Principal on Special Assignment to progress monitor Tier I, Tier II and Tier III services and student progress. She will also insure that MOUs and contracts are in place with community service providers; facilitate referrals to the CAT (Community Action Treatment Team); facilitate training for faculty/staff; insure communication between therapists, counselors, deans of student services and school Threat Assessment Teams.</p> |
| Yes | <p>Program Implementation and Outcomes (s.1011.62(16)(d)F.S.)</p> |
| | <p>Identifies how many students are screened/assessed, how many students are referred for services, and how many students receive services/assistance (school based and community)</p> |
| | <p>The WCSD will use Google docs forms created by the guidance counselors, LCSWs, and the Principal on Special Assignment to monitor the number of students screened/assessed, the number of students referred for services, and the number of students that receive services/assistance from school based as well as community providers and agencies.</p> |
| | <p>Identifies number and credentials of mental health services providers employed by the district.</p> |
| | <p>Wakulla County School District employs a Mental Health Coordinator, and two licensed clinical social workers for the 196 day teacher contract year.</p> |
| | <p>Identifies number and credentials of mental health services providers contracted by the district.</p> |
| | <p>The Wakulla County School Board contracts with Florida State University Multidisciplinary Center to provide a Master's level counselor/psychology intern at each school one day per week during the 180 day student year; Behavior Management Consultants to provide a Board Certified Behavior Analyst in classrooms of students with emotional/behavior disabilities weekly and a Behavioral Specialist in the classroom daily to collaborate with instructional teams, provide accommodations and collect/analyze data.</p> |
| Yes | <p>Expenditures (s.1011.62(16),F.S.)</p> |
| | <p>Documents 90% of expenditures allocated were allocated to direct mental health services or coordination of such services with primary care and mental health providers.</p> |
| | <p>The WCSD will spend approximately 30,000.00 for contracted mental health services with the FSU Multidisciplinary Center. Two new positions were created. A Principal on Special Assignment, at the cost of 103,200.00, to progress monitor Tier I, Tier II and Tier III services and student progress. She will also insure that MOUs and contracts are in place with community service providers; facilitate referrals to the CAT (Community Action Treatment Team); facilitate training for faculty/staff; insure communication between</p> |

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| | <p>therapists, counselors, deans of student services and school Threat Assessment Teams. An additional LCSW was added at the cost of 60,000.00. The two LCSW's, Principal on Special Assignment, and a guidance counselor/Dean of Student Services from each of our 8 school sites will attend the week long training offered by FDOE on Youth Mental Health First Aid. The guidance counselors/deans and LCSW's will be paid a stipend of \$20.00 per hour for the five days of training. This will cost approximately \$8,000.00. A laptop with the google aps sign in for data collection will be purchased for each school site and used exclusively for maintaining data on the number of students served, how they were referred, who is providing service, and progress monitoring. A laptop will also be purchased for the new LCSW. The approximate cost for 9 laptops is 5,700.00. Our charter schools portion of the Mental Health Allocation will be approximately \$5,475.00. The remaining funds will be spent on materials and supplies to support Tier I, II, and III interventions and training of staff.</p> |
| | <p>Includes assurances that Mental health Assistance Allocation does not supplant other funding sources OR increase salaries or provide staff bonuses.</p> |
| | <p>Both the Principal on Special Assignment and the LCSW position are new. The contract with the Multidisciplinary Center is also new. The computers and staff training have been put in place to provide and document evidence based mental health care per HB 7026. Therefore, the expenditures do not supplant other funding sources.</p> |
| | <p>Describes how district will maximize use of other sources of funding to provide school-based mental health services, where appropriate (e.g., Medicaid reimbursement, 3rd party payments, grants). IDEA funding provides art and music therapy, behavioral services and mental health counseling for students with disabilities. Medicaid Fee for Services helps cover salaries of paraprofessionals needed for student safety and Medicaid Administrative Claiming helps fund a Licensed Clinical Social Worker.</p> |
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| Yes | <p>Plan Approval and Submission (s.1011.62(16)(c),F.S.)</p> |
| | <p>Local School Board approved district plan.</p> |
| | <p>The plan was approved by the Wakulla County School Board on July 23, 2018</p> |
| | <p>Charter School governing body(ies) approved plan(s), when applicable</p> |
| | <p>The Charter School Board approved their plan on July 25, 2018.</p> |
| | <p>Approved plan(s) was submitted to the Commissioner of Education by August 1, 2018 (attached)</p> |
| | <p>Approved plans were submitted on July 26, 2018 (attached)</p> |
| | <p>Plan(s) establishes or expands school based mental health care.</p> |
| | <p>The plan expands school based mental health care.</p> |