

# Jackson County Mental Health Assistance Allocation Plan

2018-2019 School Year

## Delivery of Evidence-Based Mental Health Services

### Tier 1

Jackson County School District focuses on delivery of evidence-based mental health services through the following Evidence Based Strategies/Curriculum/Programming:

- Social Emotional/Character Education programs are used in Kindergarten through 12<sup>th</sup> grade classrooms to emphasize and promote positive character development and prosocial behavior.
- Kagan (select schools)-Instructional practices that research has found improve academic achievement, ethnic and racial relations, social skills, social relations, and increased liking for self and school.
- Implemented Community Eligibility Provision for Free Breakfast and Lunch for all students. Research has proven that there is an association between healthy meal consumption\_ and a student's well being physically and mentally.
- School Health Partnership with Jackson County Health Department to provide Comprehensive Health Services to all K-12 students which includes puberty presentations to 5<sup>th</sup> grade students, immunizations, health screenings, and health care plans for students with significant health concerns. Each school employs a trained health aide to administer medications, first-aid assistance, documentation of student contacts for health needs, and parental contacts as needed for health concerns
- The Marzano Framework for Instruction/ Evaluation is used to provide classroom environments where research based strategies are used including strategies to establish and maintain effective relationships in a student-centered classroom.
- Progress Monitoring of all K-12 students to include the following: Early Warning System (grades, discipline referrals, attendance, substantiated bullying), Administrative Walk Throughs, and Teacher Observation.
- Training for teachers/staff in the following: Suicide Prevention, Trauma Informed Care, Child Maltreatment Training, and Mental Health First Aid
- Child Safety Matters program from the Monique Barr Foundation for Children will be presented by Gulf Coast Advocacy Center staff to all K-12 students. The program will be used to increase student awareness of bullying, cyberbullying, child abuse, and digital dangers.
- Personal Fitness Course for 9th-12th grade students. This course is a state graduation requirement that includes state standards to address personal and family health, healthy lifestyle, responsible behavior, and how healthy behaviors improve individual health status.
- All Jackson County Schools are assigned a minimum of one school counselor per campus. School Counselors are accessible for all students who exhibit a need for support (grief counseling, problem solving, guidance, behavioral needs, emotional support)
- Florida Positive Behavior Intervention and Supports (PBIS) utilized in 10 of our 16 schools
- School Wide Assemblies for Mental Health Awareness/Suicide Prevention at Secondary Levels
- Substance Abuse Prevention and Drug Awareness Presentations at all district schools during Red Ribbon Week

<p><b>Tier 2</b></p>	<ul style="list-style-type: none"> <li>• Check In/Check Out interventions are provided for students that exhibit the need for interactions with staff for monitoring behavior, academics, truancy and mental status. The "Check In/Check Out" program is a Tier II intervention that is utilized to decrease behaviors that are negatively impacting student's academic and social functioning within the school environment.</li> <li>• Mentoring program to provide additional social/emotional support for students in need.</li> <li>• Small Group Counseling for the following: Grief/Loss; Anger management; drug/alcohol; truancy; divorce; diversity; communication; conflict resolution; anxiety; executive functioning; de-escalation</li> <li>• Small group counseling groups are run by: School Counselors and Counselors from outside agencies</li> <li>• Progress monitoring of students through the MTSS framework to determine appropriate interventions and to implement modifications as needed to address student's social and emotional needs.</li> <li>• Jackson County School District employs one full-time behavioral analyst through IDEA funds that is available to provide consultations with school professionals and direct contact services for students to improve the emotional well-being and behavioral/social skills of students.</li> <li>• Teenage Parenting Program provides assistance in continuing education for eligible students, which also includes daycare assistance, medical care assistance, parenting courses and instruction in healthy lifestyle choices.</li> <li>• Jackson County School District employs one full-time school psychologist that is available to provide consultations with school professionals and direct contact services for students to improve the emotional well-being and behavioral/social skills of students</li> <li>• Jackson County School District collaborates with the non-profit Backpack for Kids Food Program to assist in identifying chronically hungry children throughout the community and provide them with food and vital resources on a regular basis.</li> </ul>
<p><b>Tier 3</b></p>	<ul style="list-style-type: none"> <li>• Crisis Action Team Services for students with the most severe emotional and behavioral needs that will include family and student mental health services, health care, psychiatric evaluation, medication management (if necessary), case manager services, and any other additional services necessary, as determined by service providers.</li> <li>• Individual therapy/counseling/screening services provided by additional district employed School Mental Health Counselors as funded by the Mental Health Assistance Senate Bill 7026 allocation.</li> <li>• Jackson County School District employs one full-time behavioral analyst through IDEA funds that is available to provide observations and assistance with individualized functional behavior assessments, behavioral recommendations, and behavioral intervention plans as needed with selected students.</li> <li>• Jackson County School District employs one full-time school psychologist that evaluates students to assist in the determination of the most appropriate educational services to be determined by the educational team. The school psychologist also provides individual counseling services as needed for students, recommendations for accommodations to meet student needs, classroom strategies, and behavioral interventions.</li> <li>• Referrals for counseling services will be initiated by Lead School Mental Health Counselor and referrals will be made to local collaborating counseling agencies/service providers in a collaborative effort to address the mental health needs of the students in compliance with the requirements of the Mental Health Assistance Allocation of Senate Bill 7026</li> <li>• Jackson County School District employs one full-time Emotionally Behaviorally Disability Exceptional Student Education Program Specialist through IDEA funds that assists in the assessment, coordination, and delivery of on-going services for Emotionally Behaviorally Disabled students and to assist parents and school staff with effective problem-solving and assistance with exceptional student support services.</li> </ul>

- Progress monitoring of students through the MTSS framework on a more frequent basis to determine appropriate interventions and their effectiveness and to implement modifications as needed to address student's social and emotional needs
- Threat Assessment Teams will be located at each school in district and will be comprised of law enforcement, counseling staff, administrative staff, and instructional staff. The teams will meet to determine students that may pose a threat to the safety and security of the school environment, staff or students and they will assess and provide interventions **to** the identified students. The student may be referred **to** local collaborating counseling agencies/service providers in a collaborative effort to address the students' mental health needs.

**Description of Supports That Address Mental Health Needs  
(assessment, diagnosis, treatment, and recovery)**

- Upon a student self-reporting, parental report, or referral by Jackson County faculty or staff, individual screening services will be provided by the additional district employed School Mental Health Counselors as funded by the Mental Health Assistance Senate Bill 7026 allocation. The screenings will be used to assess the students' mental health status and assess the present mental health needs of each referred student. **If** the assessment/screening reflects a need for services beyond the counseling services provided within the educational setting, a referral will be made to a local collaborating mental health agency /service provider/primary care provider in a collaborative effort to address the mental health needs of the students in compliance with the requirements of the Mental Health Assistance Allocation of Senate Bill 7026. The local collaborating mental health agency/service provider/primary care provider will be responsible for insurance billing for mental health services provided to assess, diagnose, and provide treatment/recovery services **to** maximize Y<sup>d</sup> party health insurance and Medicaid.
- Jackson County School District requires students involved in extracurricular activities to participate in random drug testing to proactively try to identify students that may have substance abuse issues that need to be addressed to provide interventions and mental health services, if needed. **If** a service is needed to address substance abuse services, the student is referred to a local collaborating mental health agency/service provider/primary care provider that is responsible for insurance billing for services provided to assess, diagnose, and provide treatment/recovery services to maximize 3<sup>rd</sup> party health insurance and Medicaid.
- Jackson County School District provides an alternative within the zero- tolerance policy that allows the parent/guardian and the student **to** request a ninety- day placement within our county alternative school in lieu of expulsion. **If** the parent/guardian and student make this choice, the student must participate in substance abuse counseling sessions and drug testing until he/she completes the ninety-da-y program requirements. The local collaborating mental health agency/service provider/primary care provider is responsible for insurance billing for services provided to assess, diagnose, and provide treatment/recovery services **to** maximize 3<sup>rd</sup> party health insurance and Medicaid.
- For Jackson County School District students in grades K-5, Early Warning System "watchlists" are completed by each homeroom teacher to assist in identifying students that may have mental health needs. Students in grades 6-12 have Student Support Teams that complete the Early Warning System "watchlists" **to** assist in identifying students that may exhibit behaviors reflective of potentially needing mental health services. **If** a student is identified, the student will be referred for screening to determine his/her mental health status and needs.

**Evidence-Based Mental Health Services for Students  
(with one or more co-occurring mental health or substance abuse diagnoses and students at risk of such diagnoses)**

- Jackson County School District will monitor the students receiving mental health services or referred for mental health or substance abuse services. The students will be monitored by reviewing attendance, academic performance, discipline referrals, and mental health service documentation to evaluate the possible need for more intensive services. **If** the student's mental health or substance abuse issues reflect two or more hospitalizations or he/she has failed to respond to the interventions and services provided at Tier 3, the student will be referred to the Crisis Action Team for more intensive wraparound services.

**Collaborative Partnerships with Community Providers and Agencies**

- Child Safety Matters program from the Monique Barr Foundation for Children will be presented by Gulf Coast Advocacy Center staff to all K-12 students. The program will be used to increase student awareness of bullying, cyberbullying, child abuse, and digital dangers.
- Referrals for mental health services will be initiated by Lead School Mental Health Counselor and referrals will be made to local collaborating mental health agencies/service providers/primary care providers in a collaborative effort to address the mental health needs of the students in compliance with the requirements of the Mental Health Assistance Allocation of Senate Bill 7026
- Jackson County School District will collaborate with mental health agencies/service providers and primary care providers through documentation, collaborative meetings, and information sharing as needed, upon signed receipt of parental/student permission to share confidential and privileged information.
- School Health Partnership with Jackson County Health Department to provide Comprehensive Health Services to all K-12 students which includes puberty presentations to 5<sup>th</sup> grade students, immunizations, health screenings, and health care plans for students with significant health concerns. Each school employs a trained health aide to administer medications, first-aid assistance, documentation of student contacts for health needs, and parental contacts as needed for health concerns
- Jackson County School District provides an alternative within the zero- tolerance policy that allows the parent/guardian and the student to request a ninety- day placement within our county alternative school in lieu of expulsion. **If** the parent/guardian and student make this choice, the student must participate in substance abuse counseling sessions and drug testing through collaboration with local agencies until he/she completes the ninety-day program requirements.
- Jackson County School District is in partnership with Panhandle Area Educational Consortium to provide professional development for all Jackson County faculty and staff in the areas of Trauma Informed Care and Youth Mental Health First Aid. SEDNET within PAEC assists with scheduling and chairing Family Services Planning Team meetings to collaborate with all agencies and educational representatives to address all the present needs of the parents/guardians and the student. Risk Management within PAEC assists the district with insurance coverage, safety trainings, and risk assessments.

- Jackson County School District will collaborate with Florida Department of Children and Families and Big Bend Community Based Care to ensure student information is accessible and shared according to guidelines developed, the delivery of services or programs are facilitated, combining of resources is maximized for availability or delivery of services or programs to students known to DCF/BBCBC, and to avoid duplication of services or programs.

**Process for Coordinating Mental Health Services  
(with a student's primary care provider and other mental health providers, including procedures for information sharing)**

- The procedures that have been developed for usage district wide is for school-based administrators/school counselors to complete the Jackson County School District internal referral for mental health services form and fax to the Lead School Mental Health Counselor or call immediately for assistance, if it is a crisis situation. Upon receipt of the referral form, one of the School Mental Health Counselors will be contacted to travel to the school to assess the students' mental health status and the present mental health needs of the referred student. **If** the assessment/screening reflects a need for services beyond the counseling services provided within the educational setting, a referral will be made to a local collaborating counseling agency /service provider in a collaborative effort to address the mental health needs of the student in compliance with the requirements of the Mental Health Assistance Allocation of Senate **Bill 7026**. The local collaborating mental health agency/service provider will be responsible for insurance billing for mental health services provided to assess, diagnose, and provide treatment/recovery services to maximize 3<sup>rd</sup> party health insurance and Medicaid. Jackson County School District will collaborate with mental health agencies/service providers and primary care providers through documentation, collaborative meetings, and information sharing as needed, upon signed receipt of parental/student permission to share confidential and privileged information.
- Referrals for counseling services will be initiated by Lead School Mental Health Counselor and referrals will be made to local collaborating mental health agencies/service providers in a collaborative effort to address the mental health needs of the students in compliance with the requirements of the Mental Health Assistance Allocation of Senate Bill 7026
- Jackson County School District has developed Community of Care Collaboration forms and referral forms for usage to collaborate with primary care and mental health/service providers.

**Process for identifying how many students are screened/assessed, how many students are referred for services, and how many students receive services/assistance (school-based and community).**

- Jackson County School District has revised their student registration form to be in compliance with the Senate Bill 7026, which required student disclosure of mental health referrals when completing registration forms. When the student discloses prior mental health referrals upon registration, the school-based administrators/school counselors will complete the Jackson County School District internal referral for mental health services form and fax to the Lead School Mental Health Counselor. Upon receipt of the referral form, one of the School Mental Health Counselors will be contacted to travel to the school to assess the students' mental health status and the present mental health needs of the referred student. **If** the assessment/screening reflects a need for services beyond the counseling services provided within the educational setting, a referral will be made to a local collaborating counseling agency /service provider in a collaborative effort to address the mental health needs of the student in compliance with the requirements of the Mental Health Assistance Allocation of Senate Bill 7026.

- The process that has been developed for usage district wide is for school-based administrators/school counselors to complete the Jackson County School District internal referral for mental health services form and fax to the Lead School Mental Health Counselor or call immediately for assistance, if it is a crisis situation. Upon receipt of the referral form, one of the School Mental Health Counselors will be contacted to travel to the school to assess the students' mental health status and the present mental health needs of the referred student. If the assessment/screening reflects a need for services beyond the counseling services provided within the educational setting, a referral will be made to a local collaborating counseling agency /service provider in a collaborative effort to address the mental health needs of the student in compliance with the requirements of the Mental Health Assistance Allocation of Senate Bill 7026. The local collaborating counseling agency/service provider will be responsible for insurance billing for mental health services provided to assess, diagnose, and provide treatment/recovery services to maximize 3<sup>rd</sup> party health insurance and Medicaid. Jackson County School District will collaborate with counseling agencies/service providers and primary care providers through documentation, collaborative meetings, and information sharing as needed, upon signed receipt of parental/student permission to share confidential and privileged information.
- Jackson County School District will be entering and identifying students within our district database (Focus) when parents/guardians and students indicate prior mental health services have occurred, when mental health services are provided within the district by school mental health counselors, and/or referrals are made to a local collaborating counseling agency /service provider in a collaborative effort to address the mental health needs of the student. The data for the 2018-19 school year of the number of students referred, screened/assessed, and that received services/assistance will be compiled and assessed at the end of the 2018-19 school year. The students receiving services/referred for services will be tracked throughout the year by monitoring attendance, academic performance, discipline referrals, and mental health service documentation to evaluate the effectiveness of mental health services provided.

### **Process for identifying number and credentials of mental health services providers employed by the district.**

- Jackson County School District employed one new Lead School Mental Health Counselor and two new School Mental Health Counselors as funded by the Mental Health Assistance Senate Bill 7026 allocation. The Mental Health Counselor positions were required to have attained a Master's Degree in Counseling, Guidance, School Counselor, or Counseling and Psychology and currently hold or eligible to be certified by the Florida Department of Education in PK-12 Guidance and Counseling to be eligible to be hired for the positions. The credentials of the three newly hired counselors were verified by verification of their college degrees and the Department of Education database.

### **Process for identifying number and credentials of mental health service providers contracted by the district.**

- Jackson County School District has chosen to hire three full time School Mental Health Counselors, instead of contracting with mental health providers with the allocation provided for the Mental Health Assistance Senate Bill 7026. When a student is referred by their school administrator/school counselor and the assessment/screening by the School Mental Health Counselor reflects a need for services beyond the district employed School Mental Health Counselors' counseling services provided within the educational setting, a referral will be made to a local collaborating counseling agency /service provider in a collaborative effort to address the mental health needs of the student in compliance

with the requirements of the Mental Health Assistance Allocation of Senate Bill 7026: The local collaborating counseling agency/service provider will be responsible for insurance billing for mental health services provided to assess, diagnose, and provide treatment/recovery services to maximize 3<sup>rd</sup> party health insurance and Medicaid.

**Documentation that 90% of expenditures allocated were allocated to direct mental health services or coordination of such services with primary care and mental health providers.**

- Jackson County School District developed a budget for expenses to be paid by the district for the amount of \$237,641.00 allocated by the Mental Health Allocation for the 2018-19 school year. The entire allotted amount of \$237,641.00 will be spent by the district for salaries and benefits for the three new School Mental Health Counselors, mileage for travel to inservices/ meetings and travel within the district from school to school. The budget is also comprised of materials and supplies needed to provide counseling/mental health services to students, office supplies, equipment to be purchased for documenting services and compiling data, as well as professional development for newly hired counselors. The Jackson County School Board Budget Narrative Form for the Mental Health Allocation is attached for your review for verification of compliance of expenditures.
- See attached Jackson County School Board Budget Narrative Form for the Mental Health Allocation

**Assurances that Mental Health Assistance Allocation does not supplant other funding sources OR increase salaries or provide staff bonuses.**

- Jackson County School District developed a budget for distribution of monies to be paid by the district in the amount of \$237,641.00 allocated by the Mental Health Allocation for the 2018-19 school year. The entire allotted amount of \$237,641.00 will be spent by the district for salaries and benefits for the three newly hired School Mental Health Counselors, mileage for travel to inservices/ meetings and travel within the district from school to school. The budget is also comprised of materials and supplies needed to provide counseling/mental health services to students, office supplies, equipment to be purchased for documenting services and compiling data, as well as professional development for the newly hired counselors. The Jackson County School Board Budget Narrative Form for the Mental Health Allocation is attached for your review for verification of compliance of expenditures.
- See attached Jackson County School Board Budget Narrative Form for the Mental Health Allocation.
- The Jackson County School Board Budget Narrative Form for the Mental Health Allocation verifies that the entire budget for the 2018-19 school year will be to provide supplemental mental health services for Jackson County School District students and will not supplant any other funding services and will not be used to increase salaries or provide staff bonuses.

**Describe how district will maximize use of other sources of funding to provide school-based mental health services, where appropriate (e.g., Medicaid reimbursement, 3<sup>rd</sup> party grants).**

- Jackson County School District has chosen to hire three full time School Mental Health Counselors, instead of contracting with mental health providers with the allocation provided for the Mental Health Assistance Senate **Bill** 7026. When a student is referred by their school administrator/school counselor and the assessment/screening by the School Mental Health Counselor reflects a need for services beyond the district employed School Mental Health Counselors' counseling services provided within the educational setting, a referral will be made to a local collaborating counseling agency /service provider in a collaborative effort **to** address the mental health needs of the student in compliance with the requirements of the Mental Health Assistance Allocation of Senate **Bill** 7026. The local collaborating counseling agency/service provider will be responsible for insurance billing for mental health services provided to further assess, diagnose, and provide treatment/recovery services to maximize 3<sup>rd</sup> party health insurance and Medicaid.
- Jackson County School District employs a Medicaid billing specialist for the district. The school mental health counselors hired with the Mental Health Assistance Allocation will be trained by the Medicaid billing specialist **to** complete the required documentation and filing procedures to request reimbursement for mental health services provided for students to maximize funding from Medicaid for services provided by district employed counselors.

<b>Criteria/Objective:</b>	<b>Date Achieved:</b>
Local school board approved by the district plan.	07-24-2018
Charter School governing body(ies) approved plan(s), when applicable.	Not applicable to Jackson County School District.
Approved plan(s) was submitted to the Commissioner of Education by August 1, 2018 (attached).	
Plan(s) establishes or expand school-based mental health care.	Yes

A)	<b>Mental Health Allocation 2018-2019</b>				
	Name of Eligible Recipient				
8)	<b>61340</b>				
	Project Number				
8)	<b>Shirl Williams</b> <a href="mailto:shirl.williams@jcsb.org">shirl.williams@jcsb.org</a> (850) 482-1200				
	Director				
<b>JACKSON COUNTY SCHOOL BOARD BUDGET NARRATIVE FORM</b>					
(1)		(2)	(3)	(4)	(5)
<b>Function</b>		<b>Object</b>	<b>Account Title &amp; Narrative</b>	<b>FTE Position</b>	<b>Amount</b>
	6130	130	Salaries: 1- Lead Mental Health Counselor, 2- Mental Health Counselors	3	145,000.00
	6130	200	Benefits: 1- Lead Mental Health Counselor, 2- Mental Health Counselors		35,000.00



				<b>C) TOTAL</b>	<b>237,641.00</b>
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