



SANDRA "SAM" HIMMEL – SUPERINTENDENT OF SCHOOLS

*"Where Learning is the Expectation
And Caring is a Commitment"*

THOMAS KENNEDY
DISTRICT 1

VIRGINIA BRYANT
DISTRICT 2

DOUGLAS A. DODD
DISTRICT 3

SANDRA COUNTS
DISTRICT 4

LINDA B. POWERS
DISTRICT 5

Mental Health Assistance Allocation Plan 2018-2019

Citrus County’s school-based mental health services include a broad spectrum of prevention, assessment, intervention, counseling, consultation, and referrals to community agencies for services. All these services are fundamental in a school’s ability to ensure a safe and healthy learning environment for all students. Mental health school supports address classroom behavior and discipline, promote academic success, prevent and respond to crisis, target students’ social and emotional needs, respond to serious mental health concerns, and promote partnerships with at-risk families.

Mental Health Assistance Planned Expenditures:

Total Allocation	\$ 434,575.00
Addition of 2 school psychologists:	\$ 114,280.00
Addition of 4 school social workers:	\$ 218,711.00
Addition of 1 Student Services Specialist :	\$ 59,138.00
Professional development and implementation expenses:	\$ 42,446.00

Note: The school district allocated 90% of expenditures to provide mental health services or coordination of mental health services with primary care and mental health providers. The services provided with the allocation do not supplant other funding sources, increase existing staff salaries, nor provide staff with bonuses. The funding totals are approximate amounts and may be adjusted between categories as determined by Citrus County district administration.

The school district will use the current Medicaid reimbursement service provider (Sivic Solutions) to expand funding reimbursement to include mental health services. Training will be provided to mental health service providers on procedures for submitting services provided to student for reimbursement.

Description of Mental Health Services

All students will be administered a universal screener designed to determine emotional and behavioral risk. The specific universal screening tool is determined based on the student's grade level. School based Problem-Solving Teams (PST) will review the universal screener results, along with other Early Warning System (EWS) data such as grades, attendance, and discipline. School-based PST members consist of an administrator, school counselor, psychologist, social worker, and teacher on special assignment. The school-based PST will identify those students with an evaluated risk rating and determine if additional assessments are warranted. Documentation of students in need of additional assessments will be completed using the Mental Health Services Tracking form.

The school-based PST will conduct a meeting including the parent and classroom teachers to review individual student universal screener results and other EWS data. The PST will develop an intervention plan to include: specific intervention, frequency and duration of intervention, intervention provider, progress monitoring tool, and timeframe to review intervention progress monitoring. Interventions should be implemented for a reasonable amount of time as determined by members of the school-based PST during collaborative discussion. The intervention plan will be documented in the student management system and on the Mental Health Services Tracking form. If the student is receiving mental health services from a community agency or primary care provider, the PST will also request a release of information from the provider.

After the intervention has been implemented for a reasonable amount of time as determined by the school-based PST, the PST including the parent and classroom teacher(s) will reconvene to review the intervention data. Depending on the data collected, the PST may determine to end the intervention, continue the intervention, change to a new intervention, and/or add another intervention. In addition, a referral to a community agency for mental health services may be warranted.

Teachers and other school staff may refer a student to the school-based PST for mental health concerns using a district created Student of Concern Referral Form. Students with a confirmed threat assessment will be referred to the school-based PST. Students with a confirmed self-injury report will be monitored by a member of the school-based PST. The school-based Baker Act contact will be notified of students with a Baker Act from school or known off campus Baker Act. In addition, the Student Services Specialist will also be notified of Baker Act that occur by school-based Baker Act contacts in order to initiate communication with primary care and mental health providers.

Evidence and/or Research Based Mental Health Services

Mental Health Services will be provided by various staff depending on the student's level of need, mental health concerns and EWS indicators. Tier 1 Supports will be provided by classroom teachers, school counselors, school/district teachers on special assignment, and/or appropriate community agencies. Tier 2 Supports will be provided by school counselors, psychologists, social worker, school/district teachers on special assignment, and/or appropriate community agencies. Tier 3 Supports will be provided by school psychologists, social workers, and appropriate community agencies.

Program	Tier Level	Provider
Sanford Harmony	1	Classroom Teacher, School Counselor
Second Step	1	Classroom Teacher, School Counselor
Mind-Up	1	Classroom Teacher, School Counselor
SSiS Class Wide	1	Classroom Teacher, School Counselor
Mental Health Mini-lessons	1	Classroom Teacher, School Counselor
PBIS school-wide systems	1	Classroom Teacher, School Counselor
Morning show messages	1	Classroom Teacher, School Counselor
Mental Health Strategy Training	1	Classroom Teacher, School Counselor
Head Space App	1	Classroom Teacher
Al-A-Teen	1	Al-A-Teen Community Group
ADC of Citrus County	1	Anti-Drug Coalition
Small group/individual counseling	2	School Counselor, Social Worker, Psychologist
SSiS Green Book	2	School Counselor, Social Worker, Psychologist
Superflex	2	School Counselor, Social Worker, Psychologist
Zones of Regulation	2	School Counselor, Social Worker, Psychologist
Totally Chill	2	School Counselor, Social Worker, Psychologist
Resiliency Builders	2	School Counselor, Social Worker, Psychologist
Substance Abuse Counseling	2	The Centers (Community Resource)
Too Good for Violence – The Mendez Foundation	2	Social Worker
Mentors	2	Community Mentors, Big Brother – Big Sister
CBT-Based programs and lessons	3	Social Worker, Psychologist
MATCH – ATDC	3	Psychologist
Coping Cat	3	Social Worker, Psychologist
Think Good, Feel Good	3	Social Worker, Psychologist
Alternative to Restraint & Seclusion	3	Social Worker, Psychologist
Substance Abuse Counseling	3	The Centers (Community Resource)
Mentor, Motivate, Modify - 8 Week Program	3	Filter Youth Development

Implementation and Outcome Measures

Process for Documenting Number of Students Screened and Assessed

The Student Services Specialist will monitor and report the number of students screened using the universal screener. This will be completed using electronic live data and monitoring reports through the universal screener system. The school-based PST will identify those students with an evaluated risk rating and determine if additional assessments are warranted. The number of students receiving additional assessments will be provided to the Student Services Specialist.

Process for Documenting Number of Students Referred for Services

Students referred for mental health services within the school district will be monitored through the student management system (Skyward) RTI/MTSS section. School-based PST and the Student Services Specialist will have access to reports with mental health referral information.

Students referred for mental health services to outside agencies will be documented through the Mental Health Services Tracking form. Each school site will report the number of students referred to outside agencies for mental health services to the Student Services Specialist.

Process for Documenting Number of Students Receiving Services (School-Based and Community)

Students receiving interventions for mental health services within the school district will be monitored through the student management system (Skyward) RTI/MTSS section. School-based PST and the Student Services Specialist will have access to reports with mental health intervention information.

Students receiving mental health services from outside agencies will be documented through the Mental Health Services Tracking form. Each school site will report the number of students referred to outside agencies for mental health services to the Student Services Specialist. The Student Services Specialist will be responsible for coordinating services for students with outside agencies.

Credentialed Mental Health Providers Employed by the School District

The below staff are currently credentialed and employed to provide mental health services to students:

- 10 School Psychologists
- 7 School Social Workers
- 36 School Counselors

With the mental health allocated funds, the school district will employ the below credentialed staff to provide mental health services to students:

- 12 School Psychologists
- 11 School Social Workers
- 36 School Counselors
- 1 Student Services Specialist

Credentialed Mental Health Providers Contracted by the School District

The school district currently shares an agreed upon Memorandum of Understanding (MOU) with the below agencies to provide mental health services to students:

- The Centers
- Children's Home Society

Collaboration with Community Agencies

Communication with Agencies

A MOU will be created between Citrus County Schools and additional community agencies to establish and ensure a process for service referrals, sharing of information, and terms of school-based services. School staff will obtain a release of information from outside agencies working with students such as mental health counselors, psychiatrists, and other mental health care providers.

Ongoing efforts shall be made between district school staff and school-based staff when specific student mental health concerns arise. Additionally, school staff and community agencies shall maintain an open line of communication especially in cases of a Baker Act, residential placement, counseling services, and other mental health services.

When difficulties occur in obtaining parental consent for student referrals, a letter will be sent to the parent/guardian with information that the student will be referred to a mental health agency.

School-based PST will utilize the Mental Health Services Tracking Sheet to document communication with outside school agencies.

Primary Care Provider Communication

School staff will obtain a release of information from the student primary care provider and other mental health providers working with students. The Student Services Specialist will coordinate ongoing communication with these providers to develop a continuum of supports. School-based PST in collaboration with the Student Services Specialist will utilize the Mental Health Services Tracking Sheet to document communication with outside school agencies.

Agency Committee Meeting

The district will facilitate a collaborative meeting at the beginning of each school year involving stakeholders at the school district and mental health community agencies. This collaborative meeting will provide an opportunity for the school district to share the Mental Health Assistance Allocation Plan with community agencies. In addition, members can share information on school-based services that can be provided to students, as well as services in the community. The Student Services Specialist will be responsible for coordinating the Agency Committee Meeting.

Training and Professional Development

The below professional development is currently conducted by Citrus County for all staff and includes new training for all staff and students based on the new requirements.

Current Training Provided:

- Society for the Prevention of Teen Suicide (SPTS) – 2-hour module required for all newly hired staff to complete
- Suicide Prevention Online Presentation – all staff required to complete each year

New Training for Staff:

- Mental Health Awareness Training for all school district staff
- Creating Positive School Climate for all school district staff
- Crisis intervention and threat assessment training for social workers, school psychologists, and school administrators
- Youth Mental Health First Aid Train the Trainer
 - Select district representatives to be trained by Florida DOE as trainers
- School Based Youth Mental Health First Aiders Training provided by district trainers
 - Select school-based staff such as principal, assistant principal, school counselor, psychologist, social worker
- Ongoing professional development for school district mental health providers on the use and implementation of researched and evidence-based intervention programs

Student Education:

- Mental Health Wellness for all students