Technology is changing education in a myriad of ways from communication between parents and teachers to the way students complete and turn in assignments. With all of these changes, it may seem difficult for parents to keep up with what their sons and daughters are doing in school. What can parents do to use technology effectively in order to help their student succeed?

Below are technology resources parents should find helpful in supporting their son or daughter succeed in school.

- **CPALMS and Florida Standards** ([http://www.cpalms.org](http://www.cpalms.org))
  In Florida, teachers are required to teach the Florida Standards in all subject areas. These standards, along with other aligned resources, are found online at CPALMS. Parents can search the standards by subject, grade-level, and keywords. Parents who want to know what is being taught in their student’s classroom should become very familiar with CPALMS. A good place to start learning more is the General Informational Videos page on the CPALMS website. These informational tutorials about CPALMS are available at [http://www.cpalms.org/page518.aspx](http://www.cpalms.org/page518.aspx).

- **Student Tutorials (FloridaStudents.org)** ([http://www.floridastudents.org](http://www.floridastudents.org))
  This website serves as a repository of original tutorials, virtual manipulatives, videos, and other resources that directly support the Florida Standards. Parents can find resources based on standards that may be beneficial for their son or daughter to use to reinforce what he or she is learning in the classroom.

- **The School and Classroom Website**
  Parents may wish to visit the school website and become familiar with the school’s policies and procedures. If one is available, parents may want to visit the teacher’s website as well. Links to district and school sites can be found at: [https://app2.fldoe.org/publicapps/Schools/schoolmap/flash/schoolmap_text.asp](https://app2.fldoe.org/publicapps/Schools/schoolmap/flash/schoolmap_text.asp)

- **Learning Management System (LMS)**
  Many schools manage important tasks such as collecting assignments, administering tests, and providing access to online instructional content through a Learning Management System or LMS. Students, teachers, and in many cases parents can sign-in to monitor a student’s progress and get information such as when assignments are due. Understanding how to use this tool is invaluable for all parents. Ask your student’s teacher if the school or class uses an LMS. If so, learn as much as you can about how it works. If your student’s school doesn’t use an LMS, find out what other technology tools are frequently used to collect students’ assignments, keep records, facilitate parent/teacher communication and give assessments to students.